



TRAINING COURSE:

COURSE TITLE	First Aid at Work Re-Certification
DURATION	2 Days
COURSE AIMS	Evaluation of delegates' knowledge and update accordingly, in order to renew the First Aid at Work Certificate, which is valid for three years.
BENEFITS	By the end of the course delegates will be able to: <ul style="list-style-type: none"> · Fulfil their duties as a first aider at work. · Assess incidents, as well as injuries, and deal with them appropriately. · Administer basic first aid. · Ensure First aid procedures and protocols are followed.
CONTENT	<ul style="list-style-type: none"> · Regulations update · Recovery position, casualty assessment · Mouth-to-mouth resuscitation · Cardiopulmonary resuscitation (CPR) · Causes and management of unconsciousness · Dressings and bandages, skills revision and practice · Control of minor and major bleeding · Recognition and treatment of broken bones · Burns, poisoning, eye injuries · Casualty handling, duties of a first aider · Contents of a typical workplace first aid kit · Revision of underpinning knowledge and practical skills
DELEGATES	Maximum 12 persons

