



TRAINING COURSE:

COURSE TITLE	First Aid at Work
DURATION	3 Days
COURSE AIMS	This training is intended for persons acting on behalf of their employer as First Aiders.
BENEFITS	By the end of the course delegates will be able to fulfil their duties with due regard to and the understanding of their surroundings and first aid procedures to be followed
CONTENT	<ul style="list-style-type: none"> · Principles of first aid and emergency action · Application of first aid · Cardiopulmonary resuscitation (CPR) · Structure of the body · Circulation, wounds and bleeding · Unconsciousness · Musculo-skeletal conditions · Eye injuries · Burns and scalds · Extremes of temperature · Poisoning · Bites and sting · Handling and transportation of casualties
DELEGATES	Maximum 12 persons

