



## TRAINING COURSE:

<b>COURSE TITLE</b>	Harness Training
<b>DURATION</b>	2 Hours
<b>COURSE AIMS</b>	To provide the course delegates with underpinning knowledge in the use of harnesses
<b>BENEFITS</b>	By the end of the training delegates will be able to <ul style="list-style-type: none"><li>· Define the procedures for using harnesses.</li><li>· Identify where and how different systems should be used.</li><li>· Fit and inspect harnesses correctly</li></ul>
<b>CONTENT</b>	<ul style="list-style-type: none"><li>· The Health and Safety at Work etc Act 1974</li><li>· The Provision and Use of Work Equipment Regulations 1998</li><li>· The Work at Height Regulations 2005</li><li>· Practical Fitting</li><li>· Inspection</li><li>· Rescue</li></ul> <p>This course is not for scaffolders (See Scaffold Section)</p>
<b>DELEGATES</b>	Maximum 12 persons
<b>ACCREDITATION</b>	

