



## TRAINING COURSE:

<b>COURSE TITLE</b>	Work at Height
<b>DURATION</b>	Variable
<b>COURSE AIMS</b>	The aim of this training is to provide candidates with knowledge and understanding of working at height on construction sites and can be tailored to cover various work at height equipment and places of work
<b>BENEFITS</b>	By the end of the course delegates will be able to: <ul style="list-style-type: none"> <li>· Define their duties</li> <li>· Identify the key issues relating to their place of work</li> <li>· Select appropriate equipment</li> <li>· Report issues that affect any persons health or safety</li> </ul>
<b>CONTENT</b>	<ul style="list-style-type: none"> <li>· Management of Health and Safety at Work Regulations 1999</li> <li>· Work at Height Regulations 2005</li> <li>· Fall prevention systems</li> <li>· Fall arrest Systems</li> <li>· Ladders</li> <li>· Hop ups and podium steps</li> <li>· Harness overview</li> </ul>
<b>DELEGATES</b>	Maximum 6 persons
<b>ACCREDITATION</b>	

